

Leslie Cristea is a Certified Relationship Specialist, as a member of the American Psychotherapy Association, and the founder of Making Marriage Matter, LLC. With twenty years of naval service and experience training military families as a life skills education services facilitator, she has a long history of mentoring and training. Leslie combines her experience, along with a BS in Psychology and an MBA, to provide information and inspiration to create healthy, productive personal and professional relationships. She's passionate about restoring troubled relationships at home and in the workplace. She's the go-to person when it comes to communication strategies, and thousands of participants have gained resourceful knowledge from her numerous life skills and leadership workshops. Using speaking as a way to share her expertise and educate couples and professionals, this "Instrument of Restoration" is on a mission to encourage others of the abilities individuals have in turning an upside down relationship upside up! Leslie helps people gain the hope of such possibilities by providing tools proven to yield successful and fulfilling results.

" .......You are an amazing speaker! I think I became a better wife, mother, and communicator after listening 

- A. K. Daniel Communication brief attendee

"Hands down the best Navy training I've ever seen." - J. Husband, Senior Chief, USN

"Marriage and Relationship expert, Leslie Cristea's blog talk radio interview, Effective Communication with Kristin Michelle is a valuable and much-needed insight into the importance of understanding communication styles in all relationships. Leslie Cristea's advice and wisdom is a testimony to her gift as a communicator. She challenges us to explore our familial, interpersonal, and professional relationships, as well as develop the skills in order to be successful in them."

- M. Brooks, Voiceover Talent

"Thank you for blessing us with your presence and knowledge. My husband was thrilled by what I shared and we are ready to put in the work! We are thankful for your nuggets to take our marriage from good to great!"

- C. N. Craig, Attendee at Living the Vows marriage conference

# Are you ready for Relationship Restoration? **Contact Leslie Today!**

lesliecristea@gmail.com 757-831-7726 www.lesliecristea.com

#### Me Phi Mi

Pledge an allegiance to yourself! This topic discusses how to work on restoring a relationship with SELF.

# A Key or a Combination?

Learn how to open the safe!

Teaches communication strategies to foster Personal and/or Professional relationships.

**Personal**- Help your spouse turn hearing into listening.

**Professional**-Communication within organizations for increased productivity and profitability.

#### Committed To Commitment

Commit to loving in marriage.

Based on a biblical principal of 1 Corinthians 13:4-7.

# Fighting for Your Marriage Alone

Does it take two?

Discusses strategies used by only one fighting to keep the marriage together.

# Do You Understand What I'm Going Through?

Marriage During a Military Transition

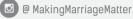
Recognizing both veteran and spouse mindsets during military transition.

#### Domestic Violence Prevention and Intervention

- 1. From survivor to thriver.
- 2. Offenders need help too.

# Follow Leslie MakingMarriageMatter







@ Leslie - Cristea



Photography Credit: Angelica Suciu Bader/Angelis Photography **Stacey Joseph Imagery** 



